



The Wraparound Olympics

March, 2008

San Francisco, California

John Franz

Joanne Hust

Patricia Miles

The Format of the Game

- The day will be broken up into four competition periods that follow the phases of Wraparound
- A situation will be distributed
- Your team will go through that situation and practice the skills
- The three of us, your judges, will be choosing gold, silver and bronze medalists for each event

Things to Keep in Mind

- This is about applying what you've learned
- Just competing is honor enough
- If you don't get a medal you are still an elite "wrapalete"
- Remember you're representing your organization
- Have fun



Scoring Principles

- A belief in transparency
- A belief in a level playing field
- A belief in scientific and impartial approaches
- So, we decided to adapt the scoring process for figure skating and we will be judging your collective performance using the following equation:
 - $(a + b) \times 4.36 / 14 \geq \sum \text{sum}[\alpha \% 3]$
- In the case of a tie, we will flip a coin

Four Phases of Wraparound Planning



First Phase of Wraparound: Team Development

- Meets with family & stakeholders
- Gathers perspectives on strengths & needs from everyone
- Assess for safety & rest
- Provides or arranges stabilization response if safety is compromised
- Explains the Wraparound process in a way that encourages participation
- Identifies, invites & orients Child & Family Team members
- Completes strengths summaries & inventories
- Drafts initial needs statements that are embedded in the family's story
- Arranges initial Wraparound planning meeting

First Phase of Wraparound: Team Development

- Completed Products
 - A strength summary detailing the family's story
 - A strength inventory listing of family strengths
 - List of potential team members
 - Initial needs list based on the family's story
- Details
 - Signed Releases to speak with potential team members
 - Roster of team members names, phone numbers & addresses
 - Makes initial arrangements to assure maximum team participation in meeting
 - Setting of the first planning meetings
 - Agenda prepared
 - Details arranged
 - Participation/Blended Perspective
 - Process

Phase I

- Break into teams. We will distribute a situation
- Review the situation. This will be your situation for the remainder of the day
- Choose roles for Phase One. Roles will change as we go through the day to assure everyone has a chance to participate
- Practice the process. Complete the products. Manage the details.
- You have _____ minutes to complete this.

Phase I

- Quality Indicators of Family Engagement
 - Families have some understanding of what comes next
 - Families have a sense of your ability to follow through
 - Families start to trust you can appreciate them
 - Families consider you as something other than against them
- Quality Indicators of Team Preparation
 - Teams members feel like you understand their perspective
 - Team members have a sense of what will happen
 - Team members begin to consider their own contribution

Second Phase of Wraparound: Plan Development

- Holds an initial (or 2) Wraparound Plan Development Meeting
- Introduces process & team members
- Helps the team establish meeting ground rules
- Presents strengths & distributes strength summary
- Solicits additional strength information from gathered group
- Leads team in creating a mission
 - Selects some measures for accomplishment
- Introduces needs statements & solicits additional perspectives on needs from team
- Creates a way for team to prioritize those needs that will accomplish mission
- Leads the team in generating brainstormed methods to meet needs
- Solicits or assigns volunteers
- Documents & distributes the plan to team members

Second Phase of Wraparound: Initial Plan Development

- **Completed Products**
 - A written plan of care that
 - Details the Mission Statement
 - Needs selected for action
 - Interventions/actions including who will do what when & what strengths are being built on
 - A written crisis response plan detailing anticipated event & response as well as a notification plan
- **Details**
 - Distribution of Plan of Care to all team members
 - A schedule for ongoing meetings before the first meeting is over
 - Sign –in sheets
 - Ground rules established
 - Mailing list/telephone tree for all team members

Phase II

- Return to your teams.
- Review the material you have prepared in phase one
- Change roles if you would like.
- You will be given 90 minutes to complete your plan of care following the Wraparound Planning process of:
 - Strengths
 - Mission
 - Needs
 - Strategies
 - Assignments
- When you have completed the planning process you will be given 20 minutes to write up your Plan of Care using any format you like

Phase II: Quality Indicators of Wraparound Plan

- Functional Strengths identified
- Multiple life domains addressed
- Perspectives are blended into a comprehensive plan
- Needs identified & agreed on
- Interventions/Actions are tied to strengths & address needs
- Plan language is accessible & compatible with the family
- Everyone leaves with a job

Third Phase of Wraparound: Plan Implementation & Refinement

- Sponsors & holds regular team meetings
- Solicits team feedback on accomplishments & documents
- Frames discussion in terms of the wraparound plan
- Leads team members in assessing & analyzing the plan
 - For Follow Through: Did you do it?
 - For Impact: Did it make a difference?
- Creates an opportunity for modification
 - Adjust services or interventions currently provided
 - Stop services or interventions currently provided
 - Maintains services or interventions currently provided
- Solicits volunteers to make changes in current plan array
- Documents & distributes team meeting minutes

Third Phase of Wraparound: Plan Implementation & Refinement

- Completed Products
 - Ongoing meeting minutes that detail changes in the Plan of Care
 - Quarterly reports that detail progress toward meeting needs & achieving outcomes
 - Ongoing record of team member participation detailing who has attended & who has not
- Details
 - Method for communication for team members
 - Process for orienting new team members as circumstances change

Phase III

- Return to your teams.
- You will be given an update that describes what has happened with the family you are playing.
- Read it and change roles
- Using the ongoing Wraparound meeting format manage this situation and modify the plan as necessary.
- You will be given 60 minutes for this activity.

Phase III: Quality Elements of Implementation Phase

- Regular and formal team meetings are held to review interventions & plan progress
- Services & interventions are adapted based on family and team feedback and results orientation
- Natural supports are used & part of team meetings
- Culturally sensitive responses are evident in interventions
- Interventions that aren't working cease
- Buried & Hidden strengths are documented
- Plan is used as a road map or yard stick for moving ahead
- Team is maintaining a proactive stance by use of plan rather than reacting to each event
- A sense of forward & collective purpose increases over time

Fourth Phase of Wraparound: Plan Completion & Transition

- Holds meetings
 - Solicits all team members sense of progress
 - Charts sense of met need
 - Has team discuss what life would like after Wraparound
- Reviews underlying context/initial conditions that brought family to the system in the first place to determine if situation has changed
 - Is life better today than the first day you walked in?
- Identifies who else can be involved
- Facilitates approach of “post-system” Wraparound resource people
- Negotiates which team members are willing to maintain contact
- Creates or assigns rehearsals or drills with a “what if” approach
- Formalizes structured follow-up if needed
- Creates a commencement ritual appropriate to family & team

Fourth Phase of Wraparound: Plan Completion & Transition

- **Completed Products**

- Written Transition Plan that details how to access ongoing services/supports if necessary
- Written crisis plan that details who & how to contact individuals
- Follow up phone numbers for team members
- Formal Discharge Plan detailing strengths & interventions that were successful & those that weren't

- **Details**

- Written letters of introduction for anticipated next formal service access
- Emergency Numbers are provided
- Phone numbers/contacts for informal team member contact
- Family referred & connected to other families or family organization

Phase IV

- Return to your teams.
- Consider where you started. Consider where you were in the last activity. Now imagine you're ready for transition.
- Choose roles.
- Facilitate agreement about the need for transition and the details that will make the family you've been working with successful.

Phase IV: Transition

- Quality Indicators for Families
 - Families have some sense of what comes next
 - Families have increased confidence in their own abilities to make their own vision real
 - Families have a sense of connection to various team and community members
 - Families know what to do if things go wrong
 - Families are able to chart & recognize their sense of progress since the beginning of formal Wraparound
- Quality Indicators for Team Members
 - Team members are able to identify what worked and why
 - Team members are able to apply lessons learned in their own situations
 - Team members have a sense of accomplishment